



Vishwalata Arts, Commerce & Science College

AISHE ID : C- 41471
College Code : 892

BHATGAON, Tal. Yeola, 423401 Dist. Nashik

Mob. 9545126722

* Affiliated to Savitribai Phule Pune University. * NAAC Accredited C Grade (1st Cycle 2022) * ISO 9001:2015

Ref. No.

Date :

5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following (10)

1. Soft skills
2. Language and communication skills,
3. Life skills (Yoga, physical fitness, health and hygiene),
4. ICT/computing skills

Name of the capacity development and skills enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
ICT/Computing Skill	22-01-2022	13	Hall No.01, Vishwalata Arts Commerce and Science College, Bhatgaon Tal-Yeola Dist Nashik
Life Skill (Health and Hygiene)	29-01-2021	28	Dr. Riddhi Avhad Dhanvantari Ayurvedik Super Speciality Panchkarma Hospital Kopargaon Tal-Kopargaon Dist-Ahmadnagar



Principal
Vishwalata Arts Commerce
Science College, Bhatgaon
Tal Yeola Dist Nashik

ICT/Computer Skill



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Date :

VACS/ICT/12/2021-2022

18/1/2022

Notice – ICT Based Programme for BBA(CA) and B.Sc(Computer)

All student are informed that – Department of Computer Science going to Organize ICT based one day Activity Programme in Academic Year 2021-2023.

The details hareby,given below

Sr.no	Event Name	Department	Event Date	Time	Venue
1	Technology Keep Thinking	Computer Science	21-1-2022	10.00 am To 3.00 pm	Hall No-1 Vishwalata Arts Commerce and Science College,Bhatgaon Tal-Yeola Dist-Nashik

Programme Guidline

- 1] Student can performs powerpoint presentation on recent computer technology.
- 2] Bring yours College-ID Card, and be present with Collge uniform.
- 3] Single / group pair are allowed for student presentation.
- 4] if any one demanded (Lab equipment,Projector etc) in Computer Lab, Ask before 21-1-2022 to Computer HOD contact to Prof. Dhole Sir,lab equipment,Projector Hall will be provided.

Other Instruction

- 1] all Student (FYBBA(CA),B.Sc(comp)), Attendance Compulsory.
- 2] all participant will Provided Participant certificate by Management Team/Principal.



Etia 59
Principal
Vishwalata Arts Commerce
Science College, Bhatgaon
Tal Yeola Dist Nashik

ICT/Computer Based Programme "Technology.? keep Thinking "

Date : 22-1-2022

Technology through Computer Science and Computer Application Department in Vishwalata College. A one-day workshop on 'Keeping Thinking' was held. Prof. Wagh T.B said that IT sector is fluid and it is necessary to assess and accept the changes in order to survive in the competition. The program was inaugurated by Mr. Bhushan Laghve, Trustee of the institute, Mr. D.K Kadam, Principal of the College, Prof. Santosh Dhole, Head of Computer Science Department. Mr. Bhushan Laghve said that social media is not only useful for us to complete globally but it is also a matter of pleasure that students from rural areas are presenting information technology in a scholarly manner.

In the first session of the workshop, Deore Aniket (TYBCA) and Aher Bhushan gave a presentation on web designing. Gajare Pooja and Lahare Sejal explained the creation of Facebook, its means of entertainment and its advantages and disadvantages. Thorat Archana and Jadhav Rupali - Creation of latest internet technology Ghode Pooja, Bansode Prajkta explained the benefits of creating OLX, an online commercial site and its global reach. Shelake Durga (TYBCS), Bagal Pooja (TYBCS) gave in-depth information on ecommerce on C-to-C trade as well as online shopping on Amazon.com. Pawar Hrushikesh explained how Five-G will work. Shendage Vishnu and Kankrale Hrushikesh handled the topic of Web Mining. Explained the definition and usage of Internet of Things. were also organized. In the second session, Prof. Shinde Archana, Prof. Bhandare Renuka, Prof. Rahul Baviskar provided guidance on the above topic, Prof. Baviskar R.R conducted the program and Prof. Santosh Dhole gave the vote of thanks.



Principal
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Tal. Yeola Dist. Nashik



ICT : Lab Activity shopping on Amazon.com.



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Science College, Bhatgaon
Tal. Yeola Dist. Nashik

Topic List

ICT Activity : Technology Keep Thinking

Sr.no	Student Name	Class	Topic Selected
1	Deore Aniket Bhagwat	T.Y.B.C.A	Web designing
2	Aher Bhushan Papat	T.Y.B.C.A	
3	Gajare Pooja Yashwant	T.Y.B.C.A	Creation of Facebook
4	Lahare Sejal Bhausaheb	T.Y.B.C.A	
5	Thorat Archana Kailas	T.Y.B.C.A	Latest Internet Technology
6	Jadhav Rupali Vijay	T.Y.B.C.A	
7	Ghode Pooja Balasaheb	T.Y.B.C.A	Benefits of creating OLX
8	Bansode Prajkta Bhausaheb	T.Y.B.C.A	
9	Shelake Durga Rajendra	T.Y.B.C.S	Online Shping lik Amazon.com
10	Bagal Pooja Navnath	T.Y.B.C.S	
11	Pawar Hrushikesh Vitthal	T.Y.B.C.S	5G
12	Shendage Vishnu Gangaram	T.Y.B.C.S	Internet of Things
13	Kankarale Hrushikesh Balasaheb	T.Y.B.C.S	



Principal
Vishwaata Arts Commerce
Science College, Bhatgaon
Tal. Yeola Dist. Nashik

LIFE SKILL (HEALTH AND HYGIENE)



Shri Sairaj Shikshan Pratishthan's

Reg. No. ID No. PU/NS/CS/139/2009

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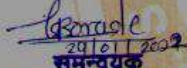
Ref. No. VACS/313/2021-22

Date: 29-01-2022

Important Notice

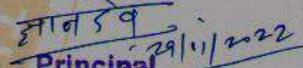
Date - 29/1/2022

All Female Staff & Students Are informed that " Women Grievance Cell" is Organizing a Doctor Talk on " **Female hygiene & healthcare**" in the Guidance of Dr. Riddhi Avhad Madam at 11a.m. on 31 st January 2022 on Zoom Online Platform in Vishwalata Arts,Commerce & Science College , Bhatgaon Tal - Yeola . It's Compulsory for female Staff & female Students to attend this Program.


29/01/2022
समन्वयक
महिला तक्रार निवारण समिती,
विश्वलता कला, वाणिज्य आणि विज्ञान महाविद्यालय,
भाटगाव, ता. येवला, जि. नासिक
Head Of the Cell

Prof. Miss Geeta S. Borade

Women's Grievance Redressal Cell.


29/01/2022
Principal
Vishwalata Arts Commerce
Science College, Bhatgaon
Tal Yeola Dist Nasik
Principal

Shri. Dnyandeo K. Kadam



Shri Sairaj Shikshan Pratishthan's

Reg. No. ID No. PU/NS/CS/139/2009

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BHATGAON, Tal. Yeola, 423401 Dist. Nashik

Mob. 9545126722

Ref. No. V4CS / 318 / 2021-22

Date : 29-01-2022

Invitation Letter

Date - 29/01/2022

To,

Dr. Riddhi Ramdas Avhad Madam,
Dhanvantari Ayurvedic Super Speciality Panchakarma Hospital,
Koparion & Nashik.

Subject - Invitation For guest lecture.

Respected Madam ,

It is an honor and privilege to invite you to as guest lecturer in our college. topic of lecture to be delivered will be on "**Female hygiene and healthcare**". we are grateful if you accept the invitation letter and encourage girl students & female staff for participation.

we look forward to a positive confirmation and honor for us indeed.

Thanking you .

Borade
29/01/2022

सहजित लक्रार निवारण समिती,
विश्वलता कला, वाणिज्य आणि विज्ञान महाविद्यालय,
भटगांव, ता.येवला, जि.नाशिक
Head of the Cell

Prof. Geeta S. Borade

Women's Grievance Redressal Cell.



ज्ञान देव
29/01/2022

Principal
Vishwalata Arts Commerce
Science College, Bhatgaon
Tal Yeola, Dist. Nashik

Prof. Dnyandeo K. Kadam

4G+ 4G 11:49

Bluetooth VoWiFi LTE2 84



Zoom

Leave



Dr Avhad's, Dhanvantari Ayurvedic Superspeciality
Panchakarma Hospital & Infertility Centre

Female Hygiene And Health Care

-Dr. Riddhi Avhad

Close Participants (24)

- PS Punam Salunke
- SK Sakshi Khaimar
- SS Sapna Sonawane
- SS Sarika shejwal
- SS Shaikh Sayema
- SN Swati Narode
- TW Tanuja Wagh
- TEJAL GITE
- Ujwala
- VR Vaidya Renuka
- VA Vaishali kolhe
- VA Vaishnavi Jadhav

Invite

Close Participants (28)

- PK pallavi khare
- P Prajakta Gaikwad
- PS Priti Gujar
- P Priyanka
- PS Punam Salunke
- SS Rohini sonawane
- SS Sapna Sonawane
- SS Sarika shejwal
- SS Shaikh Sayema
- SV Shruti Vikhe
- SN Swati Narode
- TW Tanuja Wagh

Invite

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- RS Rohini sonawane
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- SS Shaikh Sayema
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- TEJAL GITE
- Ujwala
- VR Vaidya Renuka
- VA Vaishali kolhe
- VA Vaishnavi Jadhav

Invite

Close Participants (24)

- GB GEET BORADE
- DR Dr Ridhvi Avhad
- AD aamita dumbare
- GO Geeta Gaikwad
- HR Harshada Gaikwad
- K Kamini Sarvatsarkar
- M Mayuri Patil
- NR Nandini Gujarathi
- NR Nikam rani
- P Prajakta Gaikwad
- PG Priti Gujar
- P Priyanka

Invite



Shri Sairaj Shikshan Pratishthan's

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Ref. No. Vacs | 318 | 2021-22

Date : 29-1-2022

Appreciation

To,

Dr. Riddhi Ramdas Avhad Madam,

Dhanvantari Ayurvedic Super Speciality Panchakarma Hospital ,
Kopargaon & Nashik

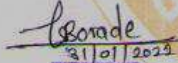
Subject - Invitation For guest lecture on “ Female hygiene and healthcare”

Hon' Dr. Riddhi madam

We would like to take this opportunity to thank you whole heartedly and convey our sincere gratitude for being 'Keynote Speaker' for our Guest Lecture on **Female hygiene and healthcare** organized on 31st Jan, 2022 at 11.00 AM. The efforts that you took to be part of the Guest Lecture are worth appreciating. Your deliberation on the topic " **Female hygiene and healthcare** " was full Valuable information and enlightening facts. On behalf of organizing committee, all the female teacher and student participants we thank you once again.

We hope you will provide your valuable expertise for our institution in the future too.

Yours Sincerely,

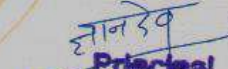

31/01/2022
समन्वयक

महिला तक्रार निवारण समिती,
विश्वलता कला, वाणिज्य आणि विज्ञान महाविद्यालय,
भाटगांव, ता. येवला, जि. नाशिक
Head of the Cell

Prof. Geeta S. Borade

Women's Grievance Redressal Cell.




Principal
Vishwalata Arts Commerce
Science College, Bhatgaon
Tal Yeola Dist. Nashik
Principal

Prof. Dnyandeo K. Kadam



Shri Sairaj Shikshan Pratishthan's

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(College Code : 892)

BHATGAON, Tal. Yeola - 423 401 Dist. Nashik ■ Hello : (02559) 225102, Fax : 225103

Ref. No.

Programme report

Date: 21/01/2022

Topic - Women HyieGINE and health care

On behalf of the Women's Grievance Redressal Cell at Vishwalata Art's commerce and science college. Dr. Riddhi Ramdas Avhad's guided lecture on the important topic of 'Women's Health' was conducted online on Zoom platform. Students and women have some health problems while studying or in general, but due to proper guidance or what the society will say, there is no much talk about it and there is no denying the possibility of long term effect on their health. Dr. Avhad Madam made a concerted effort to give in-depth information on how we can get rid of various problems. Girls face health problems in their daily life but they do not express it due to fear or ignorance and as a result it does not take long for it to turn into a major illness. He also mentioned. "Everyone's lifestyle has changed a lot during the Corona Outbreak period and if you are in good health then everything will be fine, so adopting good habits has become a major issue today

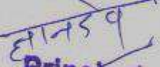
We must do it. 40 girls and 6 female professors were present for this program. Special efforts were made by the Head of the Department Prof. Geeta Borade, Prof. Tai Wagh and other female professors for the success of this program.


HOD

Women grievance redressal cell

समन्वयक
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विश्वलता कला, वाणिज्य आणि विज्ञान महाविद्यालय,
भाटगांव, ता. येवला, जि. नाशिक




Principal
Vishwalata Arts Commerce
Science College, Bhatgaon
Tal. Yeola, Dist. Nashik

WOMEN GRIEVANCES REDRESAL COMMITTEE

23/02/2021

आरोग्यविषयक चांगल्या सवयी अंगी बाळगा

विश्वलता महाविद्यालयात
ऑनलाइन पद्धतीने
विद्यार्थिनीशी महिला
डॉक्टरांचा संवाद

प्रतिनिधी । येवला

दैनंदिन जीवनात मुली व महिला
आरोग्यविषयक अडचणींना सामोऱ्या जात



असतात. परंतु
भीतीमुळे किंवा

अज्ञानामुळे त्या व्यक्त
होत नाहीत. याचा
परिणाम मोठ्या
आजारात व्हायला वेळ

लागत नाही. त्यासाठी सकस आहार आणि
व्यायाम हे घटक खूपच गरजेचे आहे. योग्य
समन्वय साधत चांगल्या आरोग्यविषयक
सवयी मुलींनी अंगी बाळगाव्यात, असे
आवाहन डॉ. रिद्धी आव्हाड यांनी व्यक्त
केले.

व्यायाम व योगा महात्वाचा

चांगल्या सवयीचे जीवनमान दैनंदिनी आखली पाहिजे, जास्तीत जास्त शुद्ध व मोकळी
हवा आपणास कशी मिळेल याचा प्रयत्न केला पाहिजे. व्यायाम, योगा आदी गोष्टी देखील
तितक्याच महत्त्वाच्या आहेत. आयुर्वेदिक औषधे वापरण्यावर जास्त भर दिला पाहिजे.
मुलींच्या व स्त्रियांच्या मासिक पाळीच्या समस्यादेखील चांगल्या सवयीमुळे नियंत्रणात
येऊ शकतात. अत्याधुनिक जीवनशैली यामुळे ताणतणाव, चिडचिड यासारख्या समस्या
देखील निर्माण होऊ शकतात त्यासाठी चांगल्या आरोग्यदायी सवयी अंगीकारल्या
पाहिजेत. रोज फिरण्यास जाणे, मधुर संगीत ऐकणे यासारख्या गोष्टी देखील तितक्याच
गरजेच्या आहेत, असे देखील डॉ. रिद्धी आव्हाड यांनी सांगितले.

विश्वलता कला, वाणिज्य, विज्ञान
महाविद्यालयात महिला तक्रार निवारण
सेलच्या वतीने विद्यार्थिनी व महिला
प्राध्यापक यांच्यासाठी वैद्यकीय अधिकारी
डॉ. आव्हाड यांचे 'महिलांचे आरोग्य' या
विषयावर ऑनलाइन झाले. शिक्षण घेत
असताना किंवा इतरत्र वावरत असताना
विद्यार्थिनींना व महिलांना काहीना काही
आरोग्यविषयक समस्या येत असतात, परंतु
योग्य मार्गदर्शन किंवा समाज काय म्हणेल

यामुळे त्याविषयी जास्त कुठे काहीही
बोलले जात नाही. आणि याचा दुरोगामी
परिणाम त्यांच्या आरोग्यावर होण्याची दाट
शक्यता नाकारता येत नाही. अशा विविध
भेडसावणाऱ्या समस्यापासून आपण दूर
राहू शकतो यावर डॉ. आव्हाड यांनी
मार्गदर्शन केले.
कार्यक्रम यशस्वितेसाठी विभागप्रमुख प्रा.
गीतांजली बोरडे, प्रा.ताई वाघ व इतर
महिला प्राध्यापकांनी परिश्रम घेतले.

